



# Babysitting Course



Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies.

## INSTRUCTOR

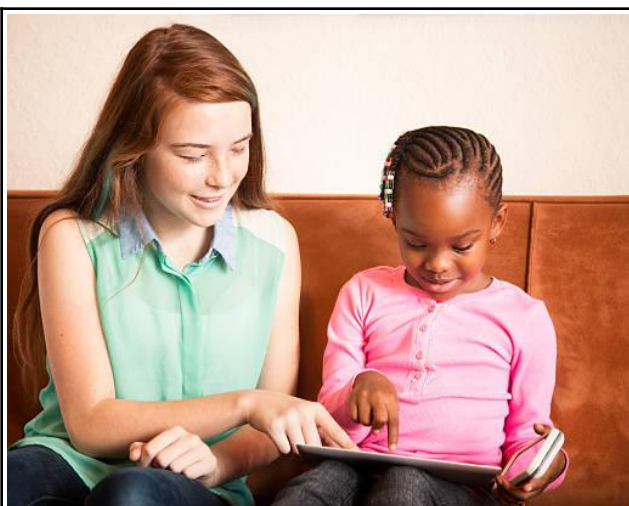
St John Youth Leader

## COURSE CONTENT

- Becoming a babysitter
- Basic first aid
- Healthy meals
- Safe play
- Changing diapers
- Bedtime routines
- Handling emergencies
- Dealing with behaviour
- Caring for a sick child
- Asking about disabilities

## WHAT TO BRING

All participants must bring a teddy bear or doll the size of an infant to the course.



## DURATION

6.5 hours + 1 hour lunch break

## WHEN

Sat Mar 11, 2023, 9 AM - 4:30 PM

## WHERE

Wildwood School Library

## PREREQUISITE

Minimum 11 years of age, or turning 11 within 2 months of course

## REGISTRATION

➤ Online at [ourwildwood.ca/register](https://ourwildwood.ca/register)